



2018
Conference Agenda
Crowne Plaza
Louisville, KY

Thursday, September 27, 2018

7:30 am to 8:30 am	Registration/ Exhibit Opening Continental Breakfast
8:30 am to 9:00 am	Welcome State of Affairs: The current status of Community Health Workers in KY Connie White MD, MS, FACOG- Deputy Commissioner, KY Department for Public Health
9:00 am to 10:00 am	Keynote Stumbling Blocks & Baby Steps Omope Carter Daboiku
10:15 am to 11:45 am	Health & Health Insurance Literacy Jean Edward, PhD, RN- Assistant Professor, Center for Health Services Research, UK Dustin Pugel, MPA- Policy Analyst, KY Center for Economic Policy Elizabeth Edghill, BA, RN, BSN- Manager of Refugee and Immigrant Services, Family Health Centers, Inc. Sheila Schuster, PhD- Advocacy Action Network The recent changes in health care reform policies, especially the implementation of Kentucky's Section 1115 waiver, called <i>Kentucky HEALTH</i> , have caused growing concerns in communities across Kentucky. These changes have significant influences on the health and wellbeing of Kentuckians as it impacts health insurance literacy, access to care and health outcomes. Join us for a panel discussion that delves deeper into Kentucky's Medicaid waiver, especially in understanding how it impacts your communities and how you can be prepared to assist your community members navigate these changes. Tools and resources on improving health insurance literacy will also be discussed.
11:45 am to 1:00 pm	Networking Lunch and Exhibit tour



1:00 pm to 1:45 pm

Stress Less, Self-Care that can be shared with others

Michelle Hill, RN- Montgomery County Health Department

April Smith, BA- Montgomery County Health Department

Now, more than ever, we live in a fast-paced world with many factors that can increase our risk for experiencing toxic stress. It is important to know how that can affect our holistic health. It is equally, if not more so, important for us to know about practical ways to reduce and prevent toxic stress. Information shared during this session will increase your knowledge and give you practical tools that will help to reduce this stress from your daily life.

2:00 pm to 4:00 pm

Understanding Unconscious Bias with the University of Kentucky

Marietta Watts, Senior Training Specialist, Training and Development, UK

The University of Kentucky has implemented an Unconscious Bias Initiative designed to provide foundational training for all staff, students and faculty members. Come and be exposed to a workshop that provides a sustainable road map for impacting awareness for all members of the organization. You will learn how and why every human being is a biased individual, how to recognize how the mind impacts our behaviors, and begin to practice tools to lessen the impact of our unconscious biases.

4:15 pm to 5:00 pm

Closing

Awards

Door Prizes

5:00 pm to 5:30

Business Meeting

“The best way to find yourself is to lose yourself in the service of others.”

- Mahatma Gandhi



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